

## **TUESDAY GROWING MY HAIR**

I'm reading the Bible in one year using an online thing. Every day I get a Psalm, something from the Old Testament and a New Testament reading. Today I read about Nazrites. In Moses time apparently people could dedicate themselves to God. To show what they were doing they had to grow their hair long.

This got me thinking. I've always wanted to have longer hair but my wife doesn't like blokes with long hair. Now that we're banned from going to the hairdresser maybe I can grow it a bit. Then I can be a Nazrite!

But what about the other part? The bit about dedicating myself to God? Well, during this enforced isolation perhaps that's one of the things I can do. I can set aside some time to spend with God I can dedicate that time to God. Some of the things I could do are:

- Think about other people and send them messages of support.
- Do some spiritual reading – read through Matthew's Gospel; find something online to listen to. Try Holy Trinity Brompton, an Anglican church based in London. Their sermons are lively and engaging (try Mike Pilavachi from 13<sup>th</sup> January 2020 as a starter).
- Think about your friends and neighbours and pray a blessing over them. An idea for this can be found tomorrow.
- **If you've never done the Alpha course watch their videos. They're really good. Put "Alpha Film Series Episode 01" into a search engine to start.**

If you have any questions about anything you read, hear or see please contact one of us:

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